

STATE OF DIABETES IN NEW HAMPSHIRE

PLANNING MEETING OUTCOMES

In the Spring of 2018, the New Hampshire Division of Public Health Services, with funding from the Centers for Disease Control and Prevention, convened a group of stakeholders invested in the State's capacity to prevent and manage diabetes. This daylong planning session was attended by more than 40 subject matter experts who were led in discussion about current work being done, priorities, gaps in services, and areas of need. The results of these discussions are summarized below.

PRIORITY AREA THEMES



INSURANCE
AND
REIMBURSEMENT



PUBLIC AND
PROFESSIONAL
EDUCATION



INTEGRATION
WITH
BEHAVIORAL
HEALTH



HEALTH
INFORMATION
TECHNOLOGY

IDENTIFIED PRIORITY AREAS

DIABETES PREVENTION

- Patient education on insurance coverage and awareness of health benefits
- Innovative delivery methods in non-clinical settings (using CHWs₁) and community-based organizations
- Behavioral health, mental health, and substance use disorder integration

DIABETES MANAGEMENT

- Issues with Insurance and Reimbursement
- Provider education i.e. medication overview, patient options, prior authorization
- Health Information Technology regarding referrals and care coordination

STRATEGIES BY THEME



- Focus on value-based outcomes
- Identify and treat prediabetes
- Tie payment to HEDIS₂ measures
- Educate payers on the return on investment for the National Diabetes Prevention Program and make it reimbursable*
- Increase use of Medical Nutrition Therapy benefit

*Gaps in insurance coverage of evidence-based services for people with prediabetes exist

- Increase patient education opportunities
- Teach patients how to maximize insurance benefits
- Offer patient education in non-traditional settings
- Provide access to online provider education
- Teach providers about at-risk populations and treatment updates including lifestyle management
- Teach providers about patient insurance benefits



- Assess patient readiness to change
- Address behavioral health concerns
- Increase care coordination and bi-directional feedback on referrals to the National Diabetes Prevention Programs

- Increase capacity for making referrals via electronic health records
- Increase opportunities for closed loop referrals along with shared care planning



NEXT STEPS



1

DPHS will incorporate themes into future funding opportunities whenever possible.



2

Annually, DPHS will follow-up with attendees for updates on priority areas and will add as new areas emerge.



3

DPHS is working with the National Association of Chronic Disease Directors (NACDD) to increase awareness of prediabetes, and scale and sustain the National Diabetes Prevention Program in the state. NACDD will provide leadership, technical assistance and engage national organizations to support NH's efforts.



4

In September 2019, stakeholders will have the opportunity to participate in this collaborative process. The result will be a two-year action plan to prevent diabetes in NH.



EXISTING ASSETS



1 Community Health Workers

2 Healthcare Effectiveness Data and Information Set

3 Federally Qualified Health Center

4 Community Health Needs Assessment

5 Children's Health Insurance Program

This report was prepared by the Division of Public Health Services with help from the Community Health Institute. For more information on this report, contact Marisa Lara at marisa.lara@dhs.nh.gov